

Wisdom Within Workshops & Retreats Newsletter

2008 An Exciting New Year "We are all ONE"

February 2008

Greetings!

2008 a Great, Exciting New Year.... 2008 adds up to 10 - which equals 1 - and as Joshua the Buddhist Monk - being channeled at one of my retreats said "Yes we are all ONE" as there were 10 of us at that retreat - so for me 2008 is all about **"WE ARE ONE"**. I am very excited about this year as I turn 51 - yes 50 was everything I imagined and then some, and I am excited to be spending my "51" Birthday with my Daughter Tanya in Australia and her "33" Birthday 2 weeks later - as it's been a while since we were together for our birthdays, well actually we will celebrate the whole month I am there as I am sure there will be so much to see and do. We are both very excited about the **Retreat near Perth Feb 29-Mar 2** it is coming along great - I have made some amazing connections with the women in Australia - in particular Kali www.yahayoga.com who totally felt called to support me through a series of "conincidences" miracles I would say - I already feel connected to so many goddesses around the world. I also have Julie Hall who leads "Goddess Playshops" joining us and can hardly wait to "play". This is going to be an awesome year for me - as when I return from Australia after a month - we will go into the Sooke "Women Inspiring Women/Goddess" Retreat which I am working on and very excited about the speakers joining us below... I truly am blessed I get to be at a retreat at least every 2 months..... then off to **Edmonton** again with my Family and speakers there **June 8-10th....** and many more retreats and workshops to come.... stay tuned....

The other area of my life I am so excited about is that years ago I became a travel agent so I could enjoy the benefits of travel, well to my surprise there wasn't much opportunity to travel when you were new, and I didn't like working in the office so I have now become and **"Independent Travel Agent"** working from the comforts of my ocean front condo....(another dream fulfilled). **The best part of this is being able to help other women get great deals on their travels and also support other women in starting their own home based business in an exciting area as we all know people love to travel.** This way I get my travel agents rates when I travel, support women who want to have their own business from home and work as a team, and also support women that have the finances and luxury of travelling to get the best deals they can. This really fits with "Women Inspiring Women Worldwide" for me as I can support women in all areas of the world as this company is new to Canada and will be **opening in Australia, Europe** etc and will give me the opportunity to live in Australia 3-6 months a year which is **my BIG DREAM.... "travelling anywhere, anytime, anyhow"** which has been my vision for at least the last 7 years..... **so if you or if you know anyone interested in more information please let me know...as I really want to support other women any way I can.....**

Join us **April 25-27 in Sooke "Reflection by the SEA"** \$275.00 includes: Meals, accommodations, mini workshops - healing modalities extra.... space is limited so if you want to reserve your space please let me know..... I look forward to playing with some of you this year... and if you havent been to one of my retreats yet.... this is your

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year.... if you have - well I am sure I will see you again as most women want to come again and again as each retreat is unique..... **Best Wishes for your BIG DREAMS being fulfilled..... I am clear mine are out of me living my PURPOSE of "Women Inspiring Women Worldwide" I am truly Blessed....** Namaste..... Gail
"We do have space for a few more speakers and healers and have other services in the works..... I will be checking messages from Australia.... so if you are interested in attending, presenting or offering services please let me know ASAP....."

Gail Hull

'Call of the Mystic' - Doreen Dubois Holmes from Winnipeg



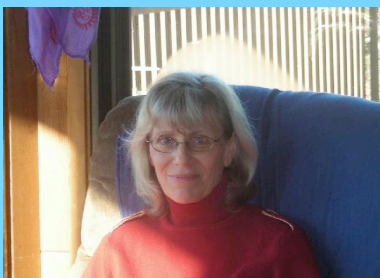
Join us for **'Call of the Mystic'** with Doreen - There are many stages on the spiritual journey to reach fullness. **To give oneself to the Beloved one must enter the game of courting. There is a mystic within each of us and the mystic is called to enter this game of courting, this game of love which is played out in the day to day stuff of life.** No matter what spiritual stage she is at, it is up to the mystic how much passion and beauty she dares to put into this game of courting. There is a presence waiting for us in the basement of our souls. Waiting to intoxicate us with the wine of love, the wine of life. Through the beauty of ritual, poetry, music, and sharing let us gather together to experience the medicine of Divine Love. **Doreen Dubois Holmes is a ritual elder and artist, poet, writer, and mystic. She has been guiding sacred circles since 1992.**

As a result of a wild dream Doreen had, she opened and directed, 'The Green House', a spiritual house of healing for over three years. She is a lover of all life and unafraid to stand in the fires of transformation. Her work flows out of a call she heard from deep within herself. Many of the circles Doreen creates come to her in her dreams. Doreen's greatest educators have come from her union with the Holy, which she recognizes in all of nature, a beautiful shaman by the name of Martin Prechtel, the Ashtavakra Gita Knowledge course given by an amazing guru by the name of Sri Sri Ravi Shankar, her ancestry, her family, all who have crossed her path, and countless other teachers whose courses Doreen has attended in the past 30 years too many to mention. These, and all of life have brushed against her in their passing, ever demanding the best of her and to discover that every moment is streaked with gold.

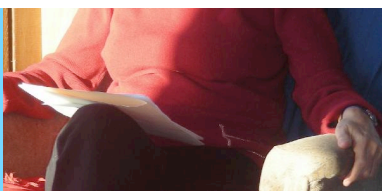
Through Doreen's native traditions - she will also lead us in drumming and a completion circle and celebration around the fire on the beach on Saturday night..... take a few moments to listen to some of her CD's on her website www.avoicefromheaven.ca as we are very excited she is joining us all the way from Winnipeg to share her sacred gifts with us.

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Writing Workshop - June Swadron



June works as a psychotherapist, personal coach, and workshop facilitator. She coaches clients to enhance their lives through self-love and creative expression. June sees the therapeutic process and the creative process as one. **"It's about accessing a special place within ourselves where serenity, love, courage and truth reside. It is from this place we begin to heal."** For 15 years June has been facilitating creative writing groups. **She also leads a support group for Julia**



Cameron's book, "The Artist's Way." She learned the value of writing at a very young age. When she was having a challenging time expressing herself in her home, she turned to her diary, which became her best friend. It gave her a private place for unbridled creative and cathartic expression. Some of her most painful entries became poetry, song lyrics, short stories and essays.

June is also a published poet, playwright and lyricist. She co-wrote and co-produced a play called: "Madness, Masks and Miracles" in Vancouver which was very successful. She also wrote the song lyrics and performed the leading role.

I recently attended two of June's weekend writing workshops and they were amazing - I didn't know I could write - but as I shared my stories - others were very impressed, in such a safe group we all felt like we were writers..... and admired each other's work... wow we all have amazing stories within us... I enjoyed having June at our last retreat and look forward to her joining us again..... Her simple approach to writing breaks through writer's block, stimulates the imagination and brings forth personal insights and clarity. On our retreat weekend she will be guiding us through a creative writing experience where we will meet our creative muse on the page. It's going to be very exciting. One of June's other passions is facilitating Divination Card Readings where the client taps into her own inner wisdom and finds her own answers through guided meditation and a process of automatic writing. (I just did a Divination Reading with June - and I am so happy I did - it truly is amazing - as we all do have our own "Wisdom Within" that is what is different than depending on others to give us the answers. I did my writing and then June shared what she wrote during the reading - she is truly Inspiring" I highly recommend a reading with June.... Gail) You can contact June to learn more about her upcoming Writing Life Stories workshop, a support group for The Artist's Way and her Creative Writing Series called: "Write" Where You Are. You can get more information by calling her at 385-2205 or 813- 0183, emailing her at juneswadon@shaw.ca . You can also access her website at www.juneswadon.com

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'Sacred Movement' - with Saje FitzGerald



Saje FitzGerald is a lifelong student and teacher of yoga, trance dance and meditation in the mystic traditions of the East. **Exploring the eternal flow of the fluidity of life through movement, Saje brings to her sisters in the west the energy of the sacred feminine. Shakti, the Mother Goddess, is the divine feminine, the source of all, the universal principle of energy, power and creativity.** Invoking the names of the Goddesses, we explore the inner and outer flow of our essence to and from source, to experience the hidden gift of our deepest self. Movement liberates the mystic quality of our divine essence. Rediscovering this sacred aspect, we balance the feminine and masculine energies within, restoring harmony and balance to our lives. Saje will also be guiding us in a special emergence circle.

Saje lived in India in an ashram, studied under a spiritual master and traveled and taught for him for seven years. She has been facilitating women's transformation through movement and meditation in private practice and in retreat settings since 1998. She is a certified somato emotional release therapist & energy worker, with a **degree in Women's Studies and Educational**

Psychology, Counseling & Leadership from the University of Victoria.

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