

Wisdom Within Workshops & Retreats Newsletter

Women Inspiring Women Worldwide

September 2007

Greetings!

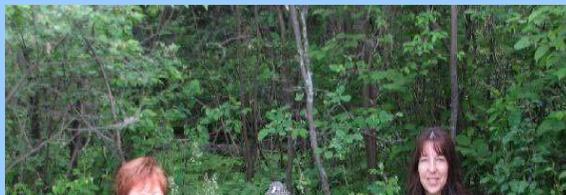
Ladies We have just launched our **Women Inspiring Women Worldwide DVD**, and we are so excited to share it with you all. We went into the Victoria Motion Picture School and filmed a day of a tasting, sampling of what we offer at the Wisdom Within - Women Inspiring Women / Goddess Retreats so we can share with the world what we are up to. I believe we all have a **"Purpose"** in life - I feel I have found mine with being the "source" of bringing women together for miracles to occur. My spiritual name is "Layla" and through Layla - anything is possible - there are so many women around the world that do not have women friends, a safe space to share their fears and their dreams, have enough money to take care of themselves and their children, forget who they "really are - spirit" when we come together in circles we start to remember who we are and that we are not alone and that is when miracles can occur. I look back over the past four years and I am so touched by the connections I have made with other women in my life and I feel truly blessed and want to support other women in creating this in their life, so **please forward this newsletter to the women in your life - you too can make a difference** just by passing this along to a woman who may need extra support and afraid to ask or not know who to ask.
Namaste Gail/Layla

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Women Inspiring Women Worldwide - DVD - Stories



We are now taking Women Inspiring Women Worldwide to the next level - I had this vision of reaching women around the world to connect and share what we are up to at the "Wisdom Within" retreats and

create a book of "Inspirational Stories" to support other women. **We now have a DVD that will be linked to my website very soon** so women around the world can watch it and be inspired to gather a group of women friends, watch it alone or come play with us at a weekend. The main purpose is to have women be inspired and to gather together to share their gifts, talents, laughter and tears as we share on the video.

All women have a story to share - an obstacle they have overcome that can support another women - relationships, financial, family, abuse, spiritual - my vision is to create a book online and in print of women contributing to each other. Short inspirational stories that reach out when someone needs that extra boost for the day. I know it makes a difference to share with other women, to listen, and learn from each other. I invite you to share your story with us and share the DVD with all the women you know around the world. **"Women Inspiring Women Worldwide" it is possible to reach all women around the world and inspire them to be the BEST they can be.** See our Website www.wisdomwithin.ca for all the details on submitting your story and pass on the link to view the DVD. If you are interested in a writing mini workday to get the support or just start your story please let me know ASAP as we will be gathering soon - some of us can write our story on our own, some of us need extra support. I spent some time with Jenni a photo journalist, shared my story on tape and she is supporting me in capturing the essence to be able to have my story posted shortly, it is so amazing when you as your community to support you in your vision - it lets them contribute their talents and gifts, not everyone is good at everything, so I have learned to ask for what I want and it is so powerful. I also asked Michael Barton- videographer - videoing one of the weddings I was working with to compress my DVD from the film school and he graciously did, I am Inspired by people who are there to support you in your vision - **so please ask for what you want and don't be surprised when you get it...."Law of Attraction"....**

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Women Inspiring Women -1st Edmonton Retreat



June 8-10, 2007 we launched WIW in Alberta - my home - I was joined by my mom, aunt, 2 sisters, niece and great niece, and several other great women, what a special weekend we had. First of all - the reason I created the retreats was because I wanted to make a difference with single moms and women in abusive or challenging relationships as that is the path I have come from - and always wanted to contribute back to women that need extra support, so at the last minute when my niece, a new mom, was going through challenges in her relationship we decided they needed to be there - and it was a total miracle -

the dad realized what it would be like without them, and has taken steps in his life to be a better father and getting help with alcohol and drugs, so for me it was a total miracle having my whole family be there and support them through this time.

We were so thankful to have Cathy present a workshop on Colour Energetics and the healing and learning that took place was awesome - and we are excited that we get to do this again - **2nd Alberta Retreat September 14-16th - \$295.00 we invite more women to come play with us.** We already have an amazing line up of speakers and options time, from spa services for pampering ourselves - gypsy soul dancing, massage - angel readings, didgeridoo etc - so come play with us then.

Goddess Gift Exchange - Miracle



At the retreats we always have the goddess gift exchange (my mom received the angel I brought as a gift and I received Little Star angel above from my mom, cosmic? I thought Vivien aka Little Star would steal her instead hear her story) - Vivien, our resident Tahitian goddess shares her "miracle" story".....

Ia orana Divine Goddesses, One of the most enjoyable aspects of the retreats is the Goddess Gifting Circle. After our Gala Dinner on Saturday evening, we draw numbers for the gifts thru cosmic pick. We can 'steal' another's gift,

however, most times the gifts seem to suit the Goddesses who chose them, very few are stolen. During the 1st Edmonton retreat gifting circle, I asked for and got 'final pick'. Lorie chose her gift...a beautiful Crystal necklace.... I immediately told her not to get attached to it as the necklace was calling to me. No one stole it from her. When my turn came, I tried so hard not to take it, but when I put it on, the necklace began singing to me, **'Spirit' said: "It's yours!"** Everyone was telling me NO, but, I stole it. I wore it constantly, with gratitude, even sleeping with it on for the next couple of days, it was such beautiful music. After the retreat, Gail and I went back to her family home in Drayton Valley for a few days. As I lay in their bath tub, meditating, expressing my gratitude for this amazing gift, a very loud female voice said: "**You can't keep it you know.**" I sat bolt upright expecting Gail to be standing in there I drew back the shower curtain....but the bathroom was empty! The door was still closed...I could hear them in the kitchen talking and laughing. I lay back down in the tub, confused, but determined to meditate more. In a much gentler tone, the same female voice said: " You do not need it all, There are 31 crystals, There's enough for all. " I took the necklace off, understanding why 'Spirit' gave it to me. I have now taken the necklace apart and have lovingly created a necklace for each of the Goddesses at that retreat. And some lucky Goddess will receive one at our next Gifting Circle.... Yes, Sasha Star, there is one for you too. With loving gratitude Vivi iti fetia

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Women Inspiring Women/Goddess - November 2,3,4 & Nov 23, 24, 25th



Ladies - we are now offering two different weekends on Vancouver Island to choose from - yes 2 - no more reasons, excuses etc pick one and come play - I dont think I could ever have too many women weekends - as I mentioned each weekend is different - just ask Viv - who has been to all but one - her and I love being there watching the women connect and come together. We also learn so much from the other women and keep enhancing the space for women to feel safe to share from their hearts - laugh and play together and be pampered. We woud love

you to join us soon - **Women Inspiring Women means to inspire ourselves such that we are an inspiration to others - (that is my motto to live by)** so if I am not nurturing myself and honouring myself it is hard to support others in doing the

same. I am glad I am back working out at the gym - taking quiet time for myself - making coffee/lunch dates with my friends and colleagues and interviewing speakers **and always asking myself "am I Inspiring myself today and being true to myself" and I am glad to say "yes".....**we all need time out for us - so we invite you to come play with us....with love and honouring who you are - Gail

Nov 2, 3 & 4th- Ladysmith - "PJ Pampering"5pm Friday - 2pm Sunday \$295.00
Early bird special - Includes: meals, accommodations, guest speakers - activities - healing modalities extra - imagine a group of women sharing - kiwi orchard and gardens outside to walk through, and reflect, fireplace to relax in front of, spa pampering, great food and friendship, quiet time just for you, creativity, play and discovering our passions, well don't wait too long (you may also book a private room for extra if you really want to have special time out) **Nov 23, 24, 25 - Sooke** - 5pm Friday - 2pm - Sunday \$275.00 Early bird special **"Reflection by the Sea"** (my photo from Sooke) - Includes: meals, accommodations, guest speakers - activities - healing modalities extra - imagine being nestled in a room of women overlooking the ocean in Sooke as the waves rushing in, sipping a cup of tea with great conversations and lounging in our PJ's - quiet time out - and spa pampering - wow - I can hardly wait....limited space - sounds like heaven to me....come join us.....

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