

Calling all Goddesses

Ladies: Well we love our new home at the Cowichan Guest House! I am in the process of creating the next retreat and wanted to give you the dates and a heads up as there is limited space. We had so much fun and created a whole new level of PLAY, PASSION and INTIMACY. You will not want to miss this next retreat as it is the last one of the year. This is an opportunity to meet great new women - just ask Shirley who drove all the way from my home area - Edmonton, Alberta. She has made so many new friends because of the retreat – and after it she spent over a week here in BC, she only paid for one night of accommodations and that was only because she was so transformed and inspired she needed to let it all soak in. And then Charmaine hosted a video night showing the movie "The Secret" based on the Law of Attraction with some of the women, and several other new connections were made.

In this Issue

- [Gala Goddess Dinner](#)
- [Pampering and Gift Exchange](#)
- [Creativity, Fun and Play](#)
- [Sasha Star's Goddess Playshop](#)

Join us for our Final Retreat of the Year - November 24-26th at www.cowichanguesthouse.com \$325 or Early Bird Special of \$260 - this includes: meals, accommodations, mini workshops, plenty of fun and creativity and awesome connections. Healing modalities such as tarot, massage, reiki etc nominal additional fees apply. Due to limited space you will not want to wait long to register as there was plenty of interest in the last retreat from women who couldn't make it - so give yourself a "GIFT" a weekend with amazing women and plenty of nurturing to go around. **If you want to offer a mini workshop or healing modality please contact me ASAP we still have some space available.**



Gail Hull

Gala Goddess Dinner

My FAVORITE part of the

weekend is getting dressed up in our special goddess gowns - boa's, fairy wings, tiara's whatever makes you feel special. I have already got my new rainbow fairy wings ready - it is like getting to play dress up and I don't remember doing that very much as a little girl - so I am really discovering how to play as you will see from our goddesses on the website. It is time we all let go - discover the feminine sexy woman inside us - (believe me this is still a challenge for me as I shared with my husband on our walk around the lake this morning). There is nothing more magical than sharing great food with a group of goddesses and to top it off with cheesecake for dessert.

[Read on...](#)

Pampering and Gift Exchange



Goddess Pampering with a view you won't want to miss. Imagine being pampered, pampering others, connecting in the kitchen or a midnight swim. Dancing, sharing your goddess gift - at the gift exchange of something special you passed on to another woman - (I really loved my gift so much it was so hard to give away) that is the idea of a the gift exchange - something that is so special you would want it - and know others will love and cherish it.

[Read on...](#)

Creativity, Fun and Play



Plenty of fun being creative - and painting our wine goblets for our special gala dinner. I know we have several talented artists amongst us - it is such an Inspiration to see how the wine glasses somehow usually match our goddess gowns - magic? It is good to let the kid in us come out and play with paints and be creative - (well some of us are still looking for our hidden talents).

[Read on...](#)

Sasha Star's Goddess Playshop



"...We are blessed to have Sasha return to her 7th retreat with us! She will guide us through a deep meditation journey and share other 'divine inspirations' throughout the weekend." Join Sasha as she spreads her love - and Inner Beauty and Knowing - in this magical adventure of discovering the "Goddess Cards" and what they mean to you. Sasha is a free spirit, very artistic and creative and will lead us through an exploration of our goddess energy.