

Wisdom Within Workshops & Retreats Newsletter

Spring

April 2005

Greetings

Calling all womenMy vision of the retreats is having a group of women who really connect, support each other, make new friends and business associates, inspire each other through challenges they have overcome, encourage each other to follow their dreams, live a life we love, contribute to others, take the time to discover the "wisdom within" each of us by taking quiet time just for you to listen to your higher self and to ask for support from other women when you need it.

All of the weekends put on by Wisdom Within are a place where we get to share our talents and unique gifts and we provide an opportunity for you to really get known, network, give a mini workshop, or just relax and enjoy a weekend you will never forget. In business it is important to let as many people as possible know what you are up to.....so if you are a woman in business please take this opportunity to share your story and talents and make a difference to other great women, I invite you to be a guest speaker. We all know the best form of advertising is word of mouth...I know by spending a weekend really getting to know each other it is easier to recommend each others services such as coaching, massage, reiki, tarot, astrology, healing etc..... I am up for encouraging women in doing what they love....as I get to do, when I look back on each retreat and know the difference I made by hearing the miracles that occurred at them...I know I am on track with living my passion and purpose.....(see Article 3) for testimonials....

Gail Hull

In this issue

- [Goddess Retreat - April 29-May 1st](#)
- [Financial Explorations Workshops](#)
- [Wellness Retreat - An amazing weekend.....](#)

Goddess Retreat - April 29-May 1st



Calling all Goddesses - Where are you?When is the last time you took a weekend away to access that feminine powerful woman within? This may be your perfect opportunity to come play, rejuvenate, be creative, explore the magical land of Narnia where the wizards live, access the goddess that calls to you, Aphrodite, Artemis, Diana? which goddess do you connect most with? Come spend time in nature on 100 acres of beauty and peacefulness a place you will never forget.

Enjoy meeting new friends, networking with other women, sharing your passions and leaving all your worries and cares behind. This amazing weekend will leave you nurtured and inspired. This is a weekend you will not want to miss. Come play, get dressed up in your favorite goddess gown for a special Saturday night dinner, play the Go Goddess Game, discover the Goddess Within that is ready to Express herself....

[Read on...](#)

Financial Explorations Workshops

1 Day Seminar in a safe space uncover the beliefs about money you've inherited from your parents, teachers and peers. Discover what the rich teach their children about money. Get in touch with what you really want in life and how to get it. Open your eyes to financial opportunities that are right in front of you. You will be left with a feeling of freedom and playfulness around money. Learn all this through video, group sharing, coaching and fun games. Finances are one of the biggest challenges for people and especially couples in this fast paced world....wanting instant gratification....if you are ready to take on your finances and be empowered about your future, you will not want to miss this workshop.....

Here is what one participant had to say after the last Financial Explorations Workshop..... "Bruce and Gail, Thank you so much for the opportunity to attend your seminar and play the Cashflow Game, Wow, the lightbulbs went on for me about my beliefs re: \$ in my life. I thank you for all your insights and mine, also the wonderful, safe, cozy atmosphere you welcomed us to...."After taking this course I'm more interested in my financial sources and excited also about understanding the financial language has been a boost to me....Dianne.....(B&B owner)

I know we are all looking for the **Pot of Gold** at the end of the Rainbow.....(so close) here is the view from my home last week.....I love having a different view every day....especially when the swans, eagles, seals etc are playing in the bay....**Here is to YOU having your dreams fulfilled....**Gail

[Read on...](#)

Wellness Retreat - An amazing weekend.....



Wellness Retreat Testimonials..... Hi everyone, I have mentioned to some of you about the fabulous Women's Weekend Retreat I went on in March. It was so much fun, so amazing - I found my happiness again!!!! One of my closest and best friends Gail Hull is the organizer of Wisdom Within. She puts on these amazing womens' retreats. Below is her web page, please check it out!!!! Every women I know should do one of these weekends even if is just to get away and have time for yourself. That was my foremost goal - to get out of the house away from children for a little bit and I came back home in love with my family again. Just to have "me" time and breathe fresh air - uninterrupted, wow!! If any of you, my Guiding friends and long time friends, have the opportunity to go on one of Gail's retreats, you will never regret doing it and wished you had done one sooner. Wishing you all the best, Cheers, Laura

Hi Gail: It was so great to meet you and I just wanted to let you know that I had a wonderful time at the Retreat! Please e-mail any information you have about other Retreats you are planning. The pictures are a wonderful reminder of the fantastic week-end! Thanks again for a lovely and inspiring time.... Sharon

Hey Gail! I wanted to drop a line and say thank you again for the great weekend we just had at Camp Narnia! I am so glad I decided to go! I hope to see you soon at another retreat. I definitely want to stay on track, and I think more weekends like this one will help me do it! Hope to hear from you soon.....Angie

Gail: Thank you so much for the wonderful weekend. It was just what I needed. Enjoyed everything and still have a wonderful reminder of Stacy everytime I try to move today. (ha ha) I enjoyed every minute of it. I enjoyed the physical aspect as I have to sit all day at work so being able to do the exercises was great. Kristina's presentation was a lot of new material and it was great. Hope to see you again at more workshops. Thanks for everything.....Jan

Hi Gail, Just finished unpacking from the weekend...thank you, thank you, thank you!! It couldn't have been more perfect...I got all my needs, and more met.....I love you!

Ginnie xxxooo

Thank you all for attending the wellness retreatI am so blessed to have gotten to live my passion and spend an amazing weekend with so many great women, this is why I love putting this all together, to see the magic and miracles and provide a safe space for women to connect, let go, trust, honour and fall in love with themselves and others. I look forward to connecting again... Namaste Gail Hull

[Read on...](#)

Quick Links...

- [Register Now](#)
- [More About Us](#)
- [Additional Services](#)
- [Last Month's Newsletter](#)
- [Our Sponsors](#)
- [Additional Services](#)

email: gailhull@shaw.ca

phone: 250-479-2801

web: <http://www.wisdomwithin.ca>