

# Wisdom Within Workshops & Retreats Newsletter

SPRING - NEW BEGINNINGS

March 2010

## Greetings!

Ladies I am so excited about Spring being here and NEW BEGINNINGS, I just had my 53rd Birthday so starting a New Year, which is a (2 year, 2010, 24, 02, = 11 = 2 ) which is Priestess! So I am really looking forward to the Goddess Energy this year. Which I just started a whole new aspect to my business working with [Zero Point Energy](#), see below. I enjoyed time with my daughter home from Australia and fun at the Olympics in Vancouver. I left a job in December so have been really enjoying time to nurture myself. I just finished 40 days straight of hot yoga. I also just booked my dream vacation to Sedona Arizona with my best friend - I have wanted to do a "Shaman's Journey" there as per Rosanna's book etc. I also created **my own deck of oracle cards called "Wisdom Within-Living in Balance."** I love pulling a card everyday to keep me focused. To see a sample or order a deck, go to my new website [www.wisdomwithin.ca](http://www.wisdomwithin.ca)

I love photography so I used all my own photos and created my own **"life balance"** lessons and affirmations on the back from my own experiences. For example I have a picture of a Blue Heron, with the word *"Patience"*, this to me affirms "Today I practice Patience" as well as exercises you can do etc. I am so excited about these cards! I printed 100 decks and now more than half are sold...and everyone seems to love them!

I invite each of you to look in your lives at what area you would like to take on to make your life more healthy, enjoyable or prosperous. I am sharing this as we all need Inspiration now and again. We truly each have something to share with others - that is why I would love to have you join us at our next **"Women Inspiring Women/Goddess " retreat April 16-18th in Sooke, oceanfront property.**

Namaste Gail/Layla

## ***"Women Inspiring Women/Goddess Retreat" April 16-18th***

**Includes: Meals, accommodations, all activities, mini workshops and plenty of fun. ONLY \$350 or Early Bird Special \$299 three weeks prior**

This is the retreat you, your girlfriends, mothers and daughters won't want to miss. We have a very special weekend planned to Inspire and Nurture you. The weekend starts off with **Friday** getting settled in to your own private room - at the oceanfront property; meeting new friends - enjoying dinner together (approximately 6:00 pm)

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- **"Women Inspiring Women /Goddess " Retreat April 16-18 or Sept 10-12**
- **Rosana Ienco**  
[www.wolvesdenhealing.com](http://www.wolvesdenhealing.com)
- **Wisdom Within - " Living in Balance" oracle cards**
- Goddess Gathering - April 13th  
-"Magic Wand" infused with zero point energy - demo

and afterwards gathering in a circle around the campfire on the beach, (weather permitting). There will be drumming, meditation, getting centered and relaxed, and sharing who we are and what brought us here. **Saturday** will start with Breakfast followed by our "**Power Animal and Soul Journey**" - led by Rosanna. After lunch we will paint our "Goddess Wine Goblets" as well as create a Vision Board if we choose to: or enjoy time out on your own. Healing modalities and one on one sessions are available during Options time. Then we get to dress up in our goddess gowns (whatever that looks like to you) and enjoy a Special "Goddess" Dinner. You are welcome to enjoy wine or non-alcoholic drink in your "goddess goblets" (please bring your own as this is not supplied). After dinner we will partake in a "Goddess Gift" exchange (please bring something special you would like to pass on to another goddess). **Sunday** morning we have Breakfast and Play "**Go Goddess**" game followed by a Completion Circle - Enjoy Lunch - then pack up and say our farewells. I know it sounds like tooooo much fun... so you won't want to miss this one! For all of you who really want to come and have been putting it off for whatever reason - I invite you to **jump in NOW ...**

**More details below and on the website.**

### ***Rosanna Ienco - "Power Animal and Soul Journey"***



Rosanna is an Award-Winning Finalist of the National Best Books 2009 Awards and the best-selling author of *Awakening the Divine Soul - Finding Your Life Purpose*. She is also a Certified Soul and Past Life coach. She is the Founder of *Motivational Mentoring for the Soul®* a mentoring program that helps others to find personal empowerment, discover their true passion, life purpose and move towards their mission with clarity so they may live a more fulfilling life.

#### **Find your Power Animal**

Power Animals are wonderful friends and teachers, sometimes also called guardian angels. In my experience, Power animals are here to guide every one of us. We all have many different animals that guide, protect and work with us. Have you ever been drawn to a particular animal and wondered why? I had a life changing experience that involved my power animal helping me out of a potentially dangerous situation. I

am always grateful for their presence.

Retrieval is a seeking journey undertaken by Rosanna to find and return your power animal to you. Retrieving your animal guide restores lost power, helping you feel more empowered, protected and balanced. This experience is only available in person.

We are very excited to have Rosanna join us once again for another amazing retreat. She will be leading us on a journey to discover our Power Animal (last retreat I was very excited to find out mine was "Deer". I am really looking forward to discovering more with her as she will also be doing a "**Soul Journey**". She will be available for one on one sessions for an additional charge. We will also be working with the wisdom of the ancient Grandmother's ... You will not want to miss this weekend. To find out more about Rosanna visit her website at [www.wolvesdenhealing.com](http://www.wolvesdenhealing.com)

**Goddess Gathering - Networking Evening - April 13th - 7pm**

**Goddess Gathering - Connection and Networking Evening**

**April 13th - 7:00 PM start - arrive 6:30-6:45 pm**

**Paul's Motor Inn - 1900 Douglas St - Downstairs**

**\$10 cash at the door - Networking Table available**

**RSVP (chair setup numbers)**

**[gailhull@shaw.ca](mailto:gailhull@shaw.ca) or 250-479-2801 - [www.wisdomwithin.ca](http://www.wisdomwithin.ca)**

Join us Tuesday, April 13th 7pm for another amazing Goddess Gathering .This is an opportunity to connect and meet new women, with drumming, meditation and Networking. Many women have been coming to the evenings and have found them Inspiring, a safe place to share where they are at (grieving the loss of a friend, relationships or financial challenges) or new to Victoria and want to meet other amazing women. I would love to see this group grow such that we build relationships and support each other in our **Purpose/Vision** or just when we need to re-connect to our higher selves by being in a sacred circle of women. I usually have a lot of women say they are coming and cancel the last minute, so I request we commit to taking this on and seeing how it GROWS. I am the Goddess of Connection and love bringing women together and I look forward to creating a space for women to show up. So please join me in creating a sacred space to connect. And if you have any other ideas, please let me know.

**We will also be having a demonstration of the "zeropoint energy wand" see below:**

**If you or any women you know have chronic pain invite them to come experience pain dissipating or disappearing - I have seen this in person and am totally excited...**

**"Magic Wand" - Demo - April 13th - 7pm**

I am very excited I have found another amazing avenue of **"Healing and Well Being"** to bring to my business. This wand brings **"Living in Balance"** as per my Oracle Cards, my Retreats and Workshops. I am very excited to share it with you further in person so you can see for yourself.

We have all been looking for the **"Magic Wand" or pill** - well we may have found it - up to you to decide - I have been researching lots of different areas over the past few years and know that this fits in line with what I know is true - **Our Bodies Do Heal themselves** - we are powerful - I am inviting you to check this out for yourself or let me know if you have friends that are in pain and would like a free demonstration . I would love you to join me Tuesday, March 16, 7: 30 or other times to see a live demo for yourself - no obligations - please contact me for the location - you won't want to miss this. Please watch the videos below ASAP .

**<http://www.amegaglobalhealth.com/testimonials> amazing 92 year old Australian Nanna part 1& 2**



**The wand does not do the healing. The wand is a reminder tool to awaken the body to the body's own divine healing energy. It's always the body that does the healing.** As you know, we are always on the lookout for anything related to improved health. And especially, we are always on the look out for advanced quantum energy healing technologies. When I was made aware of this product I felt compelled to spread the word.

**We all know people struggling with chronic pain, old injuries, fibromyalgia, arthritis, sleep disorders and a dictionary of other maladies. And . . . like me - if you could make a miraculous difference in seconds - you would!**

Sam Adams Introduction and other links:

<http://sharing.theflip.com/session/4eea9696d0e61e82bd8a91090fe1c3ca/video/9979150>

<http://sharing.theflip.com/session/1f9c3c702838510255fe9a4499e50362/video/10026729>

<http://sharing.theflip.com/session/6268a395310ac7baebdcca367505843c/video/9979955>

[http://www.amegaworldwide.info/pdfs/amwand\\_presentation\\_usa\\_011510.pdf](http://www.amegaworldwide.info/pdfs/amwand_presentation_usa_011510.pdf)

[www.eamega.com/wisdomwithin](http://www.eamega.com/wisdomwithin) - (Gail's site)

Namaste Gail Hull - [www.wisdomwithin.ca](http://www.wisdomwithin.ca) 250-479-2801

### Quick Links...

- [Register Now](#)
- [More About Us](#)
- [Retreat Photos](#)
- [Newsletter Requests](#)
- [Our Speakers](#)
- [Additional Information](#)

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